## ABSTRACT OF THE DISCLOSURE

An electric field that is parallel with a TFT substrate is formed by a pair of electrodes formed on the TFT substrate. Liquid crystal molecules in a light modulating layer are caused to respond electro-optically to the electric field. The light modulating layer is constituted of a liquid crystal material, an optically active substance, and a dichroic dye. The spiral pitch p  $[\mu m]$  of the light modulating layer, the cell thickness d  $[\mu m]$ , the twist angle n of liquid crystal molecules, and the interelectrode interval L  $[\mu m]$  are set in ranges of  $1 \le p \le 15$ ,  $1 \le d \le 10$ , n  $\le 300^\circ$ , and L < 25.

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